

Approximately half of  
all men and one third  
of all women in the  
United States will face  
cancer in their lifetime.<sup>1</sup>

<sup>1</sup> American Cancer Society. Cancer Facts & Figures 2010. Atlanta:  
American Cancer Society; 2010. The mark, American Cancer Society,  
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Cigna Cancer Support Program  
for patients, for families,  
for every step of the way



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## Cigna Cancer Support Program is here to help.

We go beyond just cancer support. We offer information, assistance and one-on-one support every step of the way. From understanding your diagnosis to discussing treatment options identified by your doctor to celebrating survivorship, we're here to support you and your family and help you get the care you need.

### Planning Every Stage

The Cigna Cancer Support Program is designed to support people and their families facing all types of cancer, based on each person's specific care needs:

#### Surveillance

This level supports cancer survivors by offering survivorship information and the option to call a specialized nurse at any time.

#### Maintenance

This level is for people who have had cancer in the past and still take medication or have ongoing preventive treatment. People at this level receive outreach phone calls and survivorship information in the mail.

#### Active and Active with Complications

This is for people currently living with cancer, and those who have cancer and other complications like diabetes or chronic obstructive pulmonary disease. These people receive support over the phone and work with specially trained nurses to create personalized service plans.

### Dedicated Support

The Cigna Cancer Support Program provides access to a specially trained cancer nurse to assist you one-on-one. Your nurse can help you understand your diagnosis, medications, treatment options identified by your doctor and help answer any questions you may have. In addition, we can help you coordinate your care, understand your insurance coverage, and find additional resources like local support groups and facilities.

### The Cigna Cancer Support Program provides:

#### Print and online resources

Includes a wide variety of articles and other materials focused on cancer prevention, treatment options and side effects. Additional information on support services is also available.

#### Cancer Condition Center

Located on myCigna.com, this online resource offers information and tools that can help prevent future illness.

#### Cigna 24 Hour Health Information Line<sup>SM</sup>

Offers the option to speak directly to a nurse 24 hours a day, 7 days a week. The Health Information Line can also be used to access educational audio tapes on topics of interest.

### End-of-Life Care

The Cigna Cancer Support Program helps people and their families who are facing end-of-life care. We provide help in the following areas:

- Helping individuals voice desires and choices
- Emotional and clinical support for patients and their families in coordinating end-of-life care
- Access to an extensive network of quality end-of-life care options

This program is not meant to replace the care you would receive from your doctor, but to provide additional support if you need it. To learn more about the Cigna Cancer Support Program and how to take advantage of all this program has to offer, please call the number on the back of your Cigna ID card.